

The SAT and ACT: an Overview

Panelists

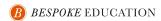
Dan Cozzens
Bespoke COO & Head of Tutoring

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Welcome! The webinar will begin shortly



espokeeducation.com November 2024



The SAT & ACT: Schedule For Today

- The SAT
 - The new digital test
 - What we've learned
- The ACT
 - The current test
 - Big changes on the horizon
- Side-by-Side Comparison
 - English / Writing
 - Math
 - Reading
 - Science / Charts & Graphs
- Test Preparation: Timing & Core Principles

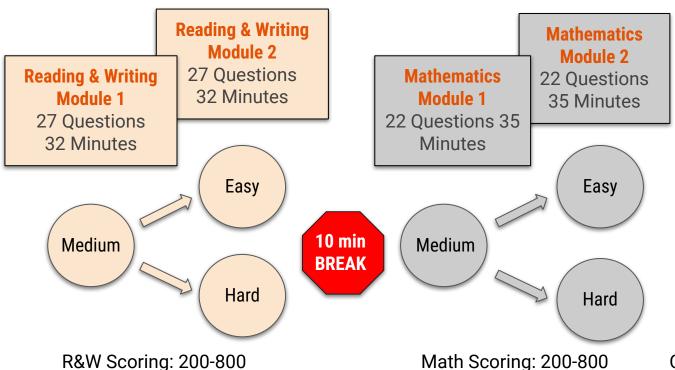


The SAT: Overview

- Shorter (2+ hours)
- Digital (no more bubble sheets!)
- Mostly Multiple Choice
- More Minutes per Question
- Helpful Digital Tools
- Feels Less Wordy
- BUT... Similar Difficulty
- Accommodations available
- No Essay



The SAT: Structure & Adaptivity



- Within each Module you can go back and forth between questions
- You cannot go back and forth between Modules or Sections

Composite Scoring: 400-1600

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The SAT: Reading & Writing

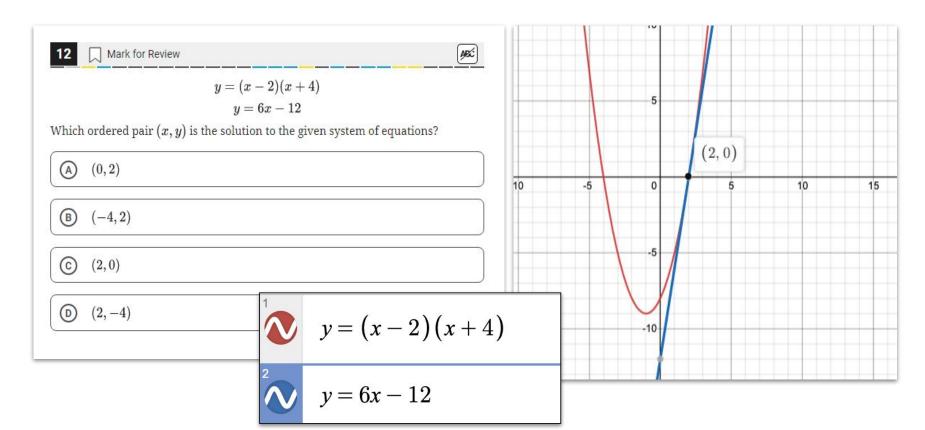
- Four Content Domains weighted roughly equally
- Every Domain appears on each module, in the same order
- The same question types appear in every Domain

The SAT: Math

- Four Content Domains not weighted equally
- All Domains appear on each module in random order
- Greater variety of questions but they still become familiar



SAT Math: Desmos





The SAT: What We've Learned

- Effective Rollout & Adoption
 - Big numbers
 - Bluebook platform worked as predicted
 - Very few glitches, mostly avoidable
 - Practice makes a big difference
- Student Response
 - Strong enthusiasm
 - Slight negative reactions to real tests
 - Appetite still high & increasing, especially as school policy news breaks
 - But there's a catch...
- Real tests are more difficult than practice tests... but how?



ACT: Current Test Overview

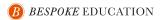
- Longer (3+ hours)
- Time Challenge
- Feels Wordier
- Science Section is Unique
- Multiple Choice
- Accommodations available
- Essay? Optional
- Composite Score of 1-36

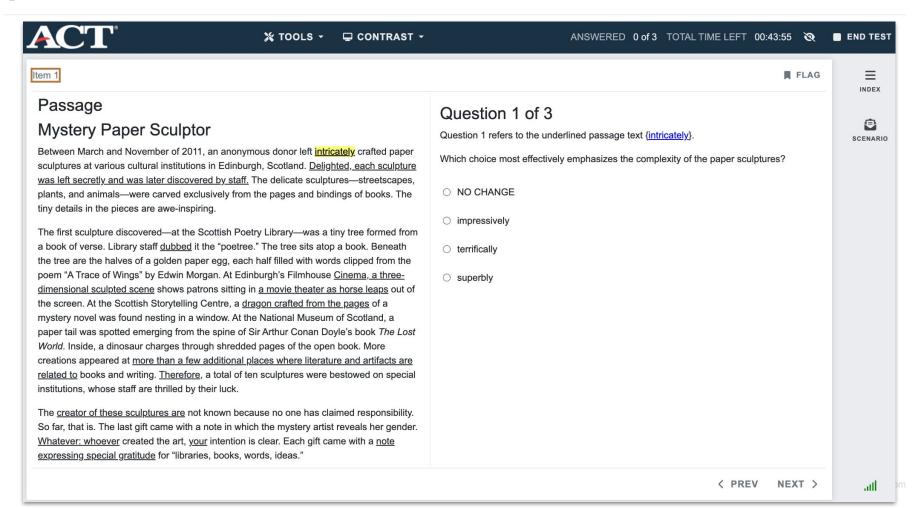
Sections	Time	Questions	Score		
English	45 mins	75	1-36		
Math	60 mins	60	1-36		
Reading	35 mins	40	1-36		
Science	35 mins	40	1-36		
Essay (Optional)	40 mins	1 prompt	2-12		

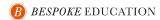


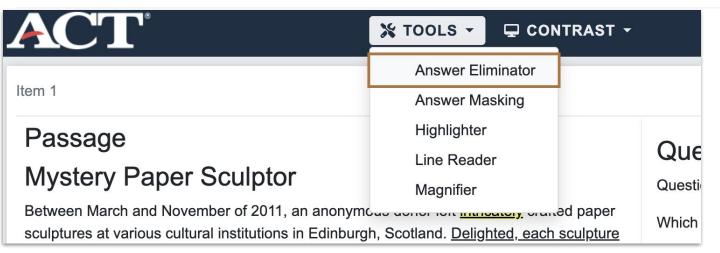
ACT: Changes on the Horizon

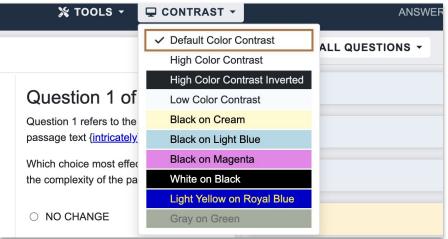
- Updates to the Test:
 - Shorter (125 minutes instead of 195)
 - Optional sections
 - Fewer questions overall
 - More time per question but still linear / non-adaptive
 - New composite score will be average of English, Math & Reading sections
- Road Map for Updates
 - The ACT will be available via Paper & Pencil (P&P) and Online
 - Check your registration!
 - April 2025: Online version updated; P&P version stays current
 - September 2025: Online and P&P versions updated
 - April 2026: School-Day & District versions updated



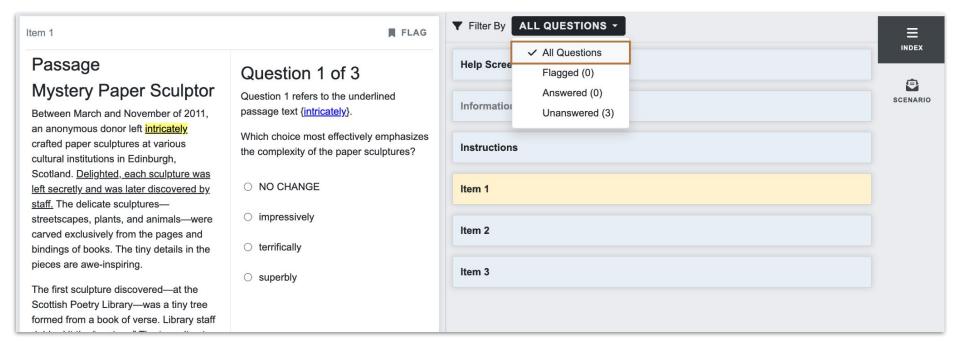




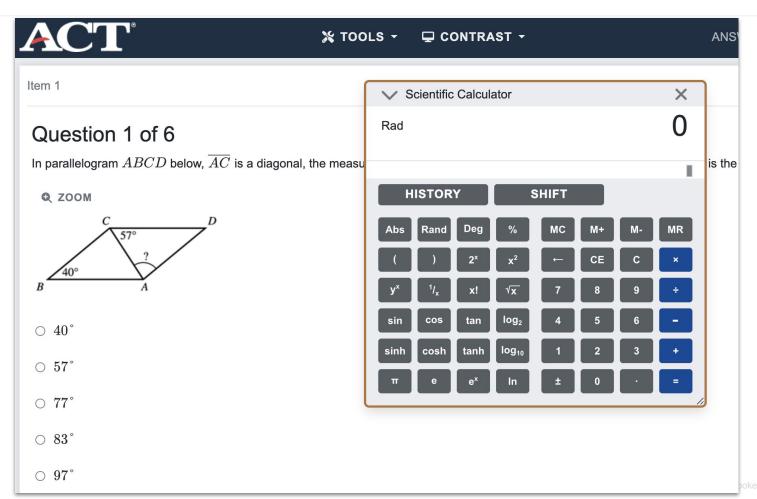


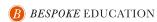












Side-by-Side: English on the ACT

Position

1st of 4 sections

Current Format

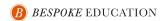
- 75 questions in 45 minutes
- 5 passages of 15 questions each, with underlined words, phrases or paragraphs

Future Format:

50 questions in 35 minutes & each question gets its own stem

What it Tests

- Grammar and usage, punctuation, sentence structure and rhetorical skills
- Questions ask students to correct portions, improve diction and restructure paragraphs or passages



ACT English: Example

7101 Eligilon	· Example
[4]	C. Its
I headed off on my journey not knowing what I was going	D. It was
to find. When I stepped out of the Dakar airport, it was nearly	
100 degrees, the midday sun was scorching. It was also	 8. F. NO CHANGE G. degrees; and the midday sun H. degrees from the midday sun that J. degrees and the midday sun
monsoon season. Every day it rained buckets. In the afternoons, it would pour. I would walk the streets of my	 9. A. NO CHANGE B. Every day, it rained a lot. C. We don't have monsoons in the U.S. D. DELETE the underlined portion.
neighborhood, ankle deep in running water, $\frac{\text{but}}{10}$ by the next	10. F. NO CHANGEG. soH. howeverJ. except
morning, it would have all evaporated in the sun. 11	11. For the sake of the logic and coherence, Paragraph should be placed:A. where it is now.
The best part of the trip was just staying up late and	B. before Paragraph 1.C. after Paragraph 1.D. after Paragraph 2.

ACT English: Difficult Example

SAT & ACT: An Overview

me. "Anthony," she says, "tell them something they

need to know."

13

13. The essay writer is considering deleting the underlined portion. Should the underlined portion be kept or deleted?

- **A.** Kept, because it introduces the grandmother's voice to the narrative.
- **B.** Kept, because it reiterates the main theme of the narrative.
- **C.** Deleted, because it fails to explain how the grand-mother is qualified to give the narrator advice.
- **D.** Deleted, because it takes the focus away from the narrator's writing technique.

Questions 14 and 15 ask about the preceding passage as a whole.

14. The essay writer is considering adding the following sentence to the essay:

"This is a good start, Anthony," she said.

The sentence would most logically be placed at:

- F. Point A in Paragraph 1.
- G. Point B in Paragraph 2.
- H. Point C in Paragraph 2.
- J. Point D in Paragraph 3.

- 15. Suppose the essay writer's primary purpose had been to provide a brief overview of the narrator's fifteen-year career as a news writer. Would this essay accomplish that purpose?
 - **A.** Yes, because it describes the narrator's most significant news stories and how they shaped him as a writer.
 - **B.** Yes, because it focuses on the news stories the narrator wrote when he was nine years old.
 - C. No, because it instead focuses on the narrator's grandmother's experiences as a news writer and how those experiences shaped her career.
 - **D.** No, because it instead describes a single story that marked the beginning of the narrator's interest in news writing.



Side-by-Side: Writing on the SAT

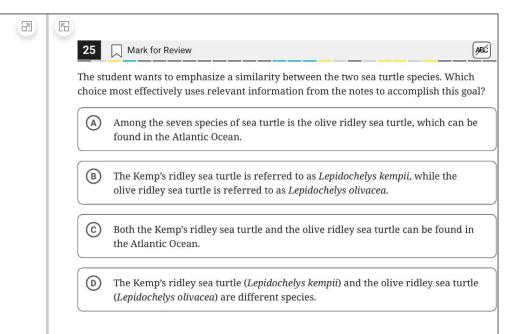
- Two Domains:
 - Standard English Conventions (Grammar & Punctuation)
 - Expression of Ideas (Transitions, Evidence & Arguments)
- Very few question types in Writing Domains
- One passage per question



SAT Writing: Example

While researching a topic, a student has taken the following notes:

- · Seven species of sea turtle exist today.
- Five sea turtle species can be found in the Atlantic Ocean.
- · One of those species is the Kemp's ridley sea turtle.
- Its scientific name is Lepidochelys kempii.
- Another of those species is the olive ridley sea turtle.
- Its scientific name is Lepidochelys olivacea.





SAT Writing: Difficult Example

In 1943, in the midst of World War II, mathematics professor Grace Hopper was recruited by the US military to help the war effort by solving complex equations. Hopper's subsequent career would involve more than just ____ as a pioneering computer programmer, Hopper would help usher in the digital age.

| A | equations, though:
| B | equations, though,
| C | equations. Though,
| D | equations though



Side-by-Side: Math on the ACT

Position

2nd of 4 sections

Current Format

- 60 questions in 60 minutes
- General increase in difficulty, with random topic order
- 5 answer options per question

Future Format

- 45 questions in 50 minutes
- 4 answer options per question

What it Tests

- "Broad and shallow" comprehension
- Calculator allowed throughout
- No reference guide
- Foundation in Algebra and Geometry with niche precalculus topics as well

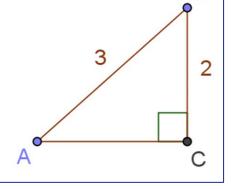


ACT Math: Examples

- 4. $3x^9 \cdot 5x^9$ is equivalent to:
 - **F.** $8x^{18}$
 - **G.** $8x^{81}$
 - **H.** $15x^9$
 - J. $15x^{18}$
 - **K.** $15x^{81}$

What is the cosine of angle A in right triangle $\triangle ABC$ below?

- F. $\frac{2}{\sqrt{5}}$
- G. $\frac{2}{3}$
- H. $\frac{\sqrt{5}}{3}$
- J. $\frac{\sqrt{5}}{2}$
- K. $\frac{3}{\sqrt{5}}$



In scientific notation, 20,000 + 3,400,000 = ?

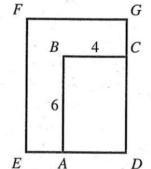
- 3.42×10^6
- **B.** 3.60×10^6
- C. 3.42×10^7
- **D.** 3.60×10^7
- **E.** 3.60×10^{12}
- 14. In the figure shown below, $\overline{CG} \cong \overline{AE}$, and rectangle ABCD has a length of 6 inches and a width of 4 inches. The area of rectangle EFGD is 2 times the area of rectangle ABCD. What is the length, in inches, of \overline{CG} ?

F. 2

H. 3.5

7 4

K. 4.8



F. $x^2 + y^2 = 1$

G. $x^2 + y^2 - 2x = 1$

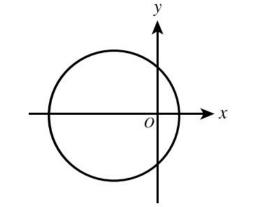
H. $x^2 + y^2 - 2y = 1$

J. $x^2 + y^2 + 2x = 1$

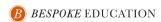
K. $x^2 + y^2 + 2y = 1$

ACT Math: Difficult Examples

54. One of the following equations is an equation of the circle graphed in the standard (x,y) coordinate plane below. Which one is it?

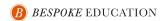


- **60.** Rectangle P has an *area* of 24 square inches. Rectangle Q has a *perimeter* of 24 inches. The ratio of the area of Rectangle P to the area of Rectangle Q is 2:3. Which of the quantities below can be determined from just the given information?
 - I. The perimeter of Rectangle P
 - II. The area of Rectangle Q
 - III. The ratio of the perimeter of Rectangle P to the perimeter of Rectangle Q
 - F. I only
 - G. II only
 - H. III only
 - J. I and II only
 - K. I, II, and III



Side-by-Side: Math on the SAT

Domain	Description	Distribution		
Algebra	Linear equations, linear functions, linear inequalities, systems of linear equations	≈ 35%		
Advanced	Nonlinear equations, nonlinear functions, systems of nonlinear equations, equivalent expressions	≈ 35%		
Problem-Solving & Data Analysis	Proportional relationships, percents, statistics, probability	≈ 15%		
Geometry & Trigonometry	Area and Volume, lines and angles, triangles, circles, right triangles and trigonometry	≈ 15%		



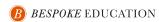
SAT Math: Example

3 Mark for Review



Jay walks at a speed of 3 miles per hour and runs at a speed of 5 miles per hour. He walks for w hours and runs for r hours for a combined total of 14 miles. Which equation represents this situation?

- (A) 3w + 5r = 14
- $\frac{1}{3}w + \frac{1}{5}r = 112$
- \bigcirc 3w + 5r = 112



SAT Math: Difficult Example

22 Mark for Review



In the xy-plane, a parabola has vertex (9, -14) and intersects the x-axis at two points. If the equation of the parabola is written in the form $y = ax^2 + bx + c$, where a, b, and c are constants, which of the following could be the value of a + b + c?

- \bigcirc -23
- (B) -19
- (c) −14
- \bigcirc -12



Side-by-Side: Reading on the ACT

Position

3rd of 4 sections

Current Format

- 40 questions in 35 minutes
- 4 passages with 10 questions each

Future Format

- 36 questions in 40 minutes
- Shorter reading passages

What it Tests

- Fast reading speed
- Reading recall & comprehension
- Student's ability to remember and/or find supporting & refuting evidence

ACT Reading: Example

Passage II

SOCIAL STUDIES: This passage has been adapted from "Aggression in People Diagnosed with Autism," an article by P. Taylor Van Zile IV (© 2013)

Since Leo Kanner's groundbreaking work on early infantile autism in 1943, researchers have been trying to understand the disorder more clearly. Understanding the intricacies of this disorder becomes even more imperative 5 as diagnostic rates continue to rise. The Center for Disease Control's most recent numbers indicate that one in 88 children will be diagnosed with autism, almost twice the estimate from five years earlier.

A whole host of theories have been advanced to explain 10 the origins of autism. The "frigid mother" theory of the 1960's, which held that a lack of affection from cold and unloving mothers caused children to become autistic has since been debunked. So has the more recent immunization hypothesis, which proposed that common vaccinations 15 could induce the disease. While we are beginning to know what doesn't cause autism, we still don't know what does, Tens of millions of dollars have been poured into researching its root cause, yet no clear answers are on the horizon

One topic that has not received enough attention from autism researchers is aggression. Aggression in children with autism is important to understand for several reasons Research has shown that autistic children who display aggression are at greater risk for an overall diminished 25 quality of life, and the same might be said of their caregivers. While it is certainly true that many children and adults with autism do not display aggression (in the form of either self-injurious behaviors or violence toward others). aggression and conduct problems are still cited as the 30 largest source of stress in the caregivers of children with autism. What's worse, such stress can increase the likelihood that a caregiver will become physically abusive. Additionally, people with autism who display aggressive behavior are much more likely to be isolated in their 35 communities or even removed from their homes altogether. They may end up in residential care facilities, away from their families and their more comfortable home environments. What is abundantly clear is that there are enormous negative consequences for children with autism 40 who display aggressive behaviors.

While some research has been conducted on this topic, an understanding of the issues at hand is far from complete. One of the primary deficits in this area of research has been the ongoing lack of consistency as to what constitutes 45 aggression and how to measure it scientifically. In the eleven studies performed over the last 35 years that looked

exclusively at the relationship between autism and aggression, eight different measures for aggression were used. This lack of consensus within the scientific 50 community over how to measure aggression has been a major roadblock to a clearer understanding of the relationship between aggression and autism.

Yet another challenge has been determining how age figures into the relationship between violent behavior and 55 autism. Most studies on this issue have focused solely on typically developing children. Several early studies showed that aggressive behavior decreases with age, while some later studies found no significant relationship between age and levels of aggression. Most recently. 60 researchers have come to the consensus that in typically developing children, aggression tends to peak in the early childhood years and then taper off with age.

Some researchers have theorized that toddlers' lack of emotion regulation, impulse control, and communication 65 skills is at the root of their aggressive behavior. Another theory maintains that aggressive behavior occurs in the very young because they have not yet learned how to adapt to their environments, and that once they master this skill. they become less likely to aggress. A third theory holds 70 that language provides an outlet for aggression, and that before language skills develop, aggressive acts may be seen as a form of communication. Despite the multitude of theories to explain why younger children may be more prone to aggression, researchers have yet to pinpoint a 75 specific cause of childhood aggression. If the understanding of how age affects aggression in typical children is cloudy at best, then research on this relationship in autistic children is stalled in a total fog. Moreover, what may hold true for typically developing children may not 80 hold true for those with autism. Because children with autism often struggle with impulse control. language acquisition, and acclimation to novel environments, all of these factors may be at play.

While much has been done since Kanner's work in 85 1943, a good deal of the most recent research on autism has yielded more questions than answers. With autism on the rise, it is crucial that we not only discover its causes so that we may find ways to prevent the disease, but also understand its complex nature so that we may improve the 90 lives of those already affected

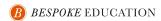
- 11. The author suggests that research into the causes of autism:
 - A. has led to the development of several credible
 - B. is not as urgent as research into the disorder's symptoms or treatment.
 - C. should be terminated because it is too expensive.
 - D. is important because it could lead to ways to reduce the incidence of the disease.
- 12. The main idea of the passage is that:
 - F. current research on the relationship between autism and aggression is incomplete.
 - G. conduct problems are the largest stressor for autistic individuals and their caretakers
 - H. children act violently as a means of communication.
 - J. the recent rise in the rates of autism diagnosis is a cause for concern
- 13. The author states that all of the following factors can hinder research on aggression in autistic individuals EXCEPT:
 - A. researchers' inconsistency in measuring aggression.
 - B. researchers' tendency to focus research on typically developing children. C. the fact that not all autistic patients display aggressive

 - D. the fact that there may be several interrelated causes of aggression.
- 14. The primary purpose of the second paragraph is to:
 - F. debunk erroneous theories about the causes of autism.
 - G. provide an example of a topic that has been the focus of autism research. H. show how money tends to be squandered in mental
 - health research
 - J. suggest that the vaccination hypothesis is more credible than the frigid mother theory.
- 15. According to the passage, which of the following are potential consequences of aggressive behavior in individuals with autism?
 - I isolation
 - II. hospitalization.
 - III. self-injury.

 - A. I only. B. III only.
 - C. I and III only.
 - D. I. II. and III.

- 16. The author uses the words cloudy (line 77) and for (line 79) in order to:
 - F. acknowledge the challenge of weather conditions.
 - G. help the reader visualize a setting.
 - H. distinguish between relative degrees of confusion.
 - J. provide examples of current questions in autism
- 17. The passage suggests that present-day researchers agree
 - A. aggression increases and then decreases in typically developing children.
 - B. aggressive behavior is limited to early childhood.
 - C. children aggress because they feel uncomfortable in their surroundings
 - D. aggression plays a similar role in autistic and typically developing children.
- 18. The author uses italics in line 16 in order to:
 - F. stress the wrongheadedness of early theories about
- G. reveal how little science can tell us about psychological disorders.
- H. distinguish between two popular but erroneous
- J. highlight the failure of extensive research to identify the cause of autism
- 19. The final paragraph (lines 84-90) is mainly concerned
 - A. criticizing Kanner's early work on autism.
 - B. explaining the advances in the field since 1943.
 - C. underscoring the field's remaining research needs.
 - D. appealing to the reader's sense of reason.
- 20. The author mentions "residential care facilities" (lines 36-37) in order to:
 - F. give an example of a problem mentioned elsewhere.
 - G. provide evidence for a widely accepted theory.
 - H. undermine the conclusions of earlier research.

 - J. provide a counterpoint to an earlier argument.



Side-by-Side: Reading on the SAT

- Two Domains:
 - Craft & Structure (Vocabulary & Context)
 - Information & Ideas (Reading Comprehension)
- More varied question types in Reading Domains
- One passage per question



SAT Reading: Example



SAT Reading: Difficult Example

Text 1

Ecologists have long wondered how thousands of microscopic phytoplankton species can live together near ocean surfaces competing for the same resources. According to conventional wisdom, one species should emerge after outcompeting the rest. So why do so many species remain? Ecologists' many efforts to explain this phenomenon still haven't uncovered a satisfactory explanation.

Text 2

Ecologist Michael Behrenfeld and colleagues have connected phytoplankton's diversity to their microscopic size. Because these organisms are so tiny, they are spaced relatively far apart from each other in ocean water and, moreover, experience that water as a relatively dense substance. This in turn makes it hard for them to move around and interact with one another. Therefore, says Behrenfeld's team, direct competition among phytoplankton probably happens much less than previously thought.

9 Mark for Review

Based on the texts, how would Behrenfeld and colleagues (Text 2) most likely respond to the "conventional wisdom" discussed in Text 1?

- A By arguing that it is based on a misconception about phytoplankton species competing with one another
- By asserting that it fails to recognize that routine replenishment of ocean nutrients prevents competition between phytoplankton species
- © By suggesting that their own findings help clarify how phytoplankton species are able to compete with larger organisms
- By recommending that more ecologists focus their research on how competition among phytoplankton species is increased with water density

tion com



Side-by-Side: Science on the ACT

Position

4th of 4 sections

Current Format

- 40 questions in 35 minutes
- 6 passages with 6-7 questions each

Future Format

- Optional
- 40 questions in 40 minutes
- Other kinds of content?

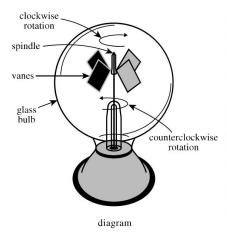
What it Tests

- Fast processing speed & parsing skill
- "Science Reasoning" a student's ability to interpret, analyze, and draw conclusions from charts, graphs and summaries of scientific experiments and information
- Very little outside scientific knowledge



Passage IV

A Crooke's radiometer (CR) is a sealed glass bulb, from which most of the air has been removed, that contains 4 metal vanes mounted on a spindle. The same side of each vane is painted black, and the other is silver. See the diagram.



ACT Science: Example

When a CR is placed in light, the vanes rotate. For the CR shown in the diagram, four students each provided an explanation for the rotation and predicted the direction—clockwise or counterclockwise—the vanes would rotate.

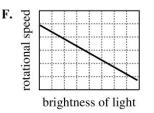
Student 1

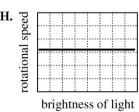
Photons (particles of light) exert a greater force when they are absorbed by a material than when they are reflected by a material. This force is weaker than air resistance, so it can cause rotation only when enough of the air has been removed from the bulb. Photons are absorbed only by the black side of each vane, exerting a stronger force on that side that causes the vanes to rotate clockwise. The brighter the light in which the CR is placed, the more photons are absorbed by the black sides and the faster the vanes rotate.

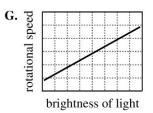
Student 2

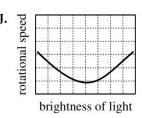
Student 1 is correct except that photons exert a greater force when they are reflected by a material than when they are absorbed by a material. Photons are reflected only by the silver side of each vane, exerting a force that causes the vanes to rotate counterclockwise.

20. Based on the explanation given by Student 1, which of the following plots best shows the predicted relationship between the brightness of light and the rotational speed of the CR vanes?











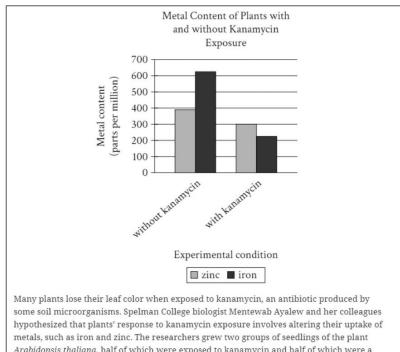
Science ACT: Difficult Examples

- 24. Suppose that the silver sides of the vanes in the CR shown in the diagram had been painted white instead. Further suppose that when placed in light the vanes of this CR still rotated. Would this finding be consistent with the explanation given by Student 3?
 - **F.** Yes; the black side of each vane was likely warmer than the white side, so the vanes should still have rotated.
 - **G.** Yes; the black side of each vane was likely cooler than the white side, so the vanes should still have rotated.
 - H. No; the black side of each vane was likely warmer than the white side, so the vanes should not have rotated.
 - J. No; the black side of each vane was likely cooler than the white side, so the vanes should not have rotated.
- 25. Suppose that, when a photon is reflected by a surface, it exerts twice as much force as when it is absorbed by a surface. This information is consistent with the explanation given by which student: Student 1 or Student 2?
 - **A.** Student 1; that student stated that a greater force is exerted on the black sides of the vanes.
 - **B.** Student 1; that student stated that a greater force is exerted on the silver sides of the vanes.
 - C. Student 2; that student stated that a greater force is exerted on the black sides of the vanes.
 - **D.** Student 2; that student stated that a greater force is exerted on the silver sides of the vanes.

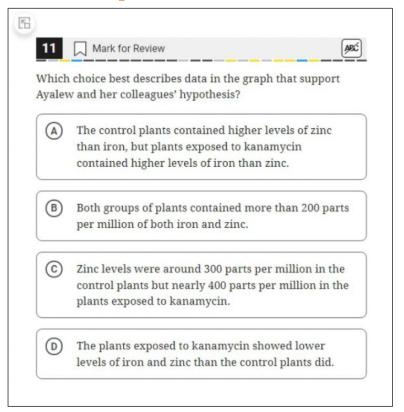
- 1. To determine how many *C. elegans* moved toward each compound in Experiments 1 and 2, the students most likely used which of the following pieces of laboratory equipment?
 - A. Balance
 - **B.** Graduated cylinder
 - C. Microscope
 - **D.** pH meter
- **6.** Based on the description of *C. elegans* in the passage, a cell from a *C. elegans* lacks which of the following structures?
 - F. Cell wall
 - G. Mitochondria
 - H. Nucleus
 - J. Plasma membrane



Side-by-Side: Charts & Graphs on the SAT



Arabidopsis thaliana, half of which were exposed to kanamycin and half of which were a control group without exposure to kanamycin, and measured the plants' metal content five days after germination.





Testing Calendar: When to Test

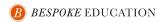
- Regular timeline: first real test in spring of 11th grade
- Students typically take real tests 2-3 times (avoid 4 or more)
 - Score Choice
 - Superscoring
- Students can take tests as late as the fall of 12th grade
 - October of 12th grade is the last option for Early Applications
 - December of 12th grade is the last option for for Regular Applications
- Accelerated: Testing in fall of Junior year? [why and why not]

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
		SAT		SAT	SAT		SAT		SAT	SAT	SAT
	ACT		ACT		ACT	ACT*		ACT	ACT		ACT



Standardized Test Preparation

- Focus on schoolwork and grades
- What can test prep look like?
 - Work with a tutor
 - Enroll in a class
 - Work on your own
- Make a Schedule
 - Regularity beats volume
 - Consistency is key
- What does test prep involve?
 - Learning
 - Studying
 - Focused practice
 - Reflective review
- Be Patient: improvement takes time



Homework & Practice Testing

- Think of test prep as an additional course of study
 - ~25 minutes of practice, 4-5 days a week
 - Connect your practice to what you learn
- Aim for 4-6 full-length practice tests before first real test
 - https://www.bespokeeducation.com/mock-testing/
- The role of practice tests:
 - Get comfortable with timing and endurance
 - Test strategies and habits for effectiveness
 - Identify areas of improvement
 - Demonstrate progress
 - Modify your approach



Upcoming Webinars in our College Testing Agenda Series

A Deep Dive on the SAT

- Question walkthroughs and analysis
- Strategies, habits, tips & tricks for a successful approach to the test
- Tuesday November 19th, 6:30-7:30pm

A Deep Dive on the ACT

- Same as above
- With (hopefully!) more details about the future format changes
- Wednesday December 11th, time TBD





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Thank you!

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