

Test Prep Deep Dive: All About the ACT

Moderator:

Dan Cozzens
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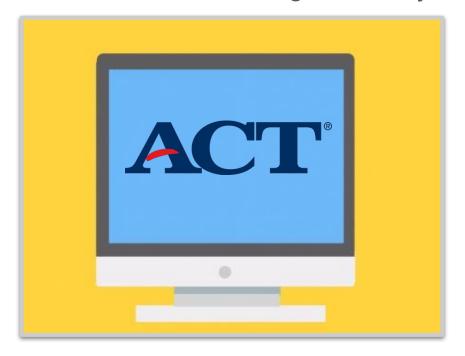
Panelists:

Sarah Cuneo

Tutoring Associate & ACT Expert Mitchel Kawash

Tutoring Associate & ACT Expert

Welcome! The webinar will begin shortly.

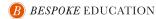


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Test Prep Deep Dive: the ACT Schedule For Today

- Bespoke's 2025 Test Prep Plan
- Why we're here tonight
- The ACT: Section by Section:
 - English
 - Math
 - Reading
 - Science
 - Essay
- Test Preparation Basics



ACT English: Introduction

Current Structure

- 75 questions in 45 minutes
- 5 passages of 15 questions each
- Some questions have stems, some do not

Future Structure

- 50 questions in 35 minutes
- Each question gets its own question stem

PASSAGE II

The Adventures of a Musician

Born in 1943 in Cuba, Tania León developed a keen interest in music at an early age. When she was just four years old, she would tune the families radio to classical music and then listen intently to every note. Noticing this

fascination, <u>Tania's grandmother enrolled her</u> in the Havana Music Conservatory, where she became the

youngest student in the school. She chosed to study piano.

León was also fascinated by faraway places. She covered her bedroom walls with postcards of famous sites.

She invented languages no one else could understand and

dreamed of traveling around the world. Irritated by this desire for adventure, León moved to New York City in her early twenties. There, Arthur Mitchell, director of the

- 16. F. NO CHANGE
 - G. family's radio,
 - H. families radio,
 - J. family's radio
- 17. A. NO CHANGE
 - B. she was enrolled by her grandmother
 - C. Tania was enrolled
 - D. she enrolled her
- 18. F. NO CHANGE
 - G. had chose
 - H. choosed
 - J. chose
- **19.** Which of the following alternatives to the underlined portion would NOT be acceptable?
 - A. places and
 - **B.** places that
 - C. places: she
 - D. places, so she
- 20. F. NO CHANGE
 - G. Prompted
 - **H.** Riled up
 - J. Annoyed



ACT English: Grammar

Management Consulting

To some people, the field of consulting is a running joke. Like analysts, the title of *consultant* is so slippery and ill defined that it can mean almost anything. Recruiting firms, public relations agents, and even engineering companies often label a wide swath of their employees as consultants, making it hard to understand exactly what a consultant is supposed to do. Indeed, the...

- 9. Which alternative to the underlined portion would NOT be acceptable?
- A. consultants; this makes it hard
- B. consultants, and this makes it hard
- C. consultants that make it hard
- D. consultants, which makes it hard



ACT English: Complex Grammar

No two jingle trucks are alike. Some depict landmarks or religious sites. Others bear images of movie stars or mythological creatures. Many are painted with gardens, with lakes, or mountaintops. Metalwork attached to the sides of

the trucks have imitated architectural features you would

50

expect to see in a temple or a palace. Every inch has

something to grab your attention. 51

- 49. A. NO CHANGE
 - B. illustrations of lakes,
 - C. lakes,
 - painted with illustrations of lakes,
- 50. F. NO CHANGE
 - G. imitating
 - H. imitates
 - I. imitate
- 51. If the writer deleted the preceding sent



ACT English: Aesthetics

The Sage of Omaha

Warren Edward Buffett often seems like a man

of contradictions: the third richest billionaire in the

world, he still lives in the same Nebraska house he

bought in 1958 for \$31,500. Yet despite his

reputation for personal frugality, he is even more

famous for his generous giving to charities, or

4

largesse. In just the past ten years, he has given

away over \$30 billion to various worthwhile causes.

- 4. F. NO CHANGE
 - **G.** generous giving to charities, otherwise known as
 - **H.** generous charitable giving—that is, his
 - **J.** DELETE the underlined portion.



ACT English: Details

Cab Calloway, Great American Musician

Cab Calloway—a singer, dancer, and bandleader—was

one of the most talented and lively performers of the Jazz Age.

Once famous for his raw charisma and over-the-top stage

presence. Calloway has since faded into relative obscurity—

but his lasting legacy in American music ought to be more widely known. [A]

- 31. A. NO CHANGE
 - B. Cab Calloway, a singer, dancer and bandleader—
 - Cab Calloway; a singer, dancer, and bandleader,
 - D. Cab Calloway—a singer, dancer and, bandleader—
- 32. Which choice provides the most specific description of Calloway's talents as a performer?
 - F. NO CHANGE
 - G. hit songs in the 1930s and 1940s,
 - H. knowledge of the recording industry,
 - ability to spot up-and-coming musicians,

ACT Math: Introduction

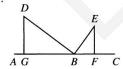
Current Structure

- 60 questions in 60 minutes
- Random content order
- Generally ascending order of difficulty
- "Broad and Shallow"

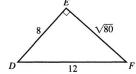
Future Structure

- 45 questions in 50 minutes
- 4 answer options instead of 5

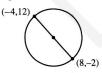
- **25.** A plumber charges \$13.50 per hour for a plumbing job that requires more than 3 hours to complete. For any job requiring 3 hours or less, there is a flat charge of \$40.50. If h represents the number of hours the job requires, which of the following expressions gives the charge, in dollars, for a job requiring more than 3 hours to complete?
 - A. 13.5h + 40.5
 - **B.** 13.5h **C.** 13.5h 40.5
 - **D.** -13.5h + 40.5
 - E. 40.5
- **26.** When bd k = y and $d \ne 0$, b = ?
 - $\mathbf{F.} \quad \frac{y+k}{d}$
 - G. $\frac{y-k}{d}$
 - **H.** k-y-d
 - **J.** y k + d
 - **K.** v + k d
- 27. In the figure below, A, G, B, F, and C are collinear; \overline{DB} is perpendicular to \overline{BE} ; \overline{DG} is perpendicular to \overline{AC} ; and \overline{EF} is perpendicular to \overline{AC} . If \overline{DB} is 20 units long, \overline{EB} is 10 units long, and \overline{EF} is 8 units long, how many units long is \overline{DG} ?
 - A. 3 B. 12 C. 18 D. 24



- **39.** For right triangle $\triangle DEF$ with dimensions in inches as given below, what is $\cos F$?
 - **A.** $\frac{8}{\sqrt{80}}$
 - **B.** $\frac{8}{12}$
 - C. $\frac{\sqrt{80}}{12}$
 - **D.** $\frac{12}{\sqrt{80}}$
 - E. $\frac{12}{8}$

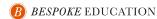


- **40.** The length of a rectangle is 5 times its width. The perimeter of the rectangle is 96 ft. What is the width, in feet, of the rectangle?
 - **F.** 8
 - **G.** 9.6
 - **H.** 16 **J.** 19.2
 - **K.** 40
- **41.** A diameter of a circle that has endpoints (-4,12) and (8,-2), as shown below, is in the standard (x,y) coordinate plane. What point is the center of this circle?



- A. (2, 5)
- **B.** (4,10) **C.** (6, 7)
- D. (12,14)E. Cannot be determined from the given information

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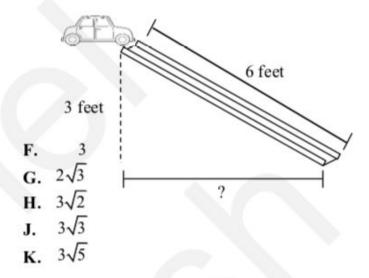
ACT Math: Multiple Pathways & Backsolving

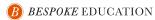
- 12. Eivin, Simon, and Ramon are all roommates. Eivin has the largest room, so Simon and Ramon each pay $\frac{2}{3}$ of what Eivin pays for rent. If the total monthly rent is \$1610, how much does Eivin pay each month?
 - F. \$460
 - G. \$690
 - H. \$870
 - J. \$966
 - **K.** \$1,207



ACT Math: Know Your Stuff!

24. Heidi is building a race track for her toy cars. She uses 6 feet of track and starts at a height of 3 feet. What is the horizontal distance, in feet that a car will travel before it reaches the end of the track?





ACT Math: Do the Work! (and Show It!)

5. An angle in a right triangle has measure β .

If
$$\tan \beta = \frac{5}{12}$$
, then $\sin \beta = ?$

- **A.** $\frac{5}{\sqrt{313}}$
- **B.** $\frac{5}{\sqrt{119}}$
- C. $\frac{5}{13}$
- **D.** $\frac{12}{13}$
- **E.** $\frac{13}{5}$



ACT Math: Esoteric Content, Easy Math

32. If
$$A = \begin{bmatrix} 5 & 7 \\ -3 & 10 \end{bmatrix}$$
 and $B = \begin{bmatrix} -5 & -7 \\ 3 & -10 \end{bmatrix}$, then $A - B = ?$

$$\mathbf{F.} \quad \begin{bmatrix} -1 & -1 \\ 1 & -1 \end{bmatrix}$$

$$\mathbf{G.} \quad \begin{bmatrix} 0 & 0 \\ 0 & 0 \end{bmatrix}$$

H.
$$\begin{bmatrix} -25 & -49 \\ -9 & -100 \end{bmatrix}$$

J.
$$\begin{bmatrix} 12 & -12 \\ 7 & -7 \end{bmatrix}$$

K.
$$\begin{bmatrix} 10 & 14 \\ -6 & 20 \end{bmatrix}$$

26. Let
$$\int x \int = 3x + 2$$
 for all values of x . If $\frac{\int 2t \int x}{2} + 1 = 5$, what is the value of t ?

F.
$$\frac{1}{2}$$
G. $\frac{2}{3}$

J.
$$\frac{3}{2}$$

22. The imaginary number
$$i$$
 is defined such that $i^2 = -1$. What is the value of $i + i^2 + i^3 + i^4 \dots + i^{24} + i^{25}$?

Current Structure

- 40 questions in 35 minutes
- 4 passages of 10 questions each
 - Literary Narrative
 - Social Science
 - Humanities
 - Natural Science
- Varied question types

Future Structure

- 36 questions in 40 minutes
- "Shorter reading passages"

ACT Reading: Introduction

Passage III

SOCIAL SCIENCE: This passage is adapted from "What Piketty Forgot," an essay by Noel Ortega (© 2014).

The French economist Thomas Piketty has apparently been crowned the world's leading expert on inequality. His exhaustive opus of economic history—the 700-page Capital in the Twenty-Frat Century—sax improbably a top the New York Times bestseller list for nearly two months in early 2014. Some haised his book as the most important study of incausality in over 50 years.

Piketty is hardly the first scholar to examine the linkage between capitalism and inequality. What sets him 10 spart is his relendeesly empirical approach to the subject and his access to previously unused data to show the growing trends of income and wealth inequality. The database he commissed some 300 wears in 200 untries.

The principal cause of inequality, according to Piketty, is that investing large amounts of capital is far more lucrative than investing large amounts of rabot from the proposal can be thought of as the payments that go to a small fraction of the population—the investor class makes money from money, without contributing to the "real economy." Piketty shows that after adjusting for inflation, the average global rate of return on capital has held steady, at about 5 percent, for the last 300 years (with a few exceptions, such as the World War Il Ivasorious, such as the World War Il Ivasorious and the service when the service we have th

25 The rate of economic growth, however, has shown a different tread. Before the Industrial Revolution, and for most of human history, economic growth was about 0.1 percent per year. But then, aided by the increasing use of fossil fleak, economic growth in the rapidly industrialzing 10 North increased during the 19th century to a then-staggering 1.5 percent. From the 1950s through the 1970s, growth rates began to accelerate in the rest of the world. While the United States howered just below 2 percent, Africa's growth rates caught up with America's, and rates in Europe and Asia reached unwards of 4 benefits.

But economic growth did little to reduce inequality, in fact, as Piketty demonstrates, wealth has grown ever more concentrated in the hands of the few even as the pic has gotten bigger. Throughout the 19th and early 20th of centuries, the rate of return on capital exceeded that of growth, and inequality flourished in the industrialized world. In the 1950s, this tend began to shift—not due to redistributive economic policies, but rather as a result of historical calamities in the preceding decades. During this 55 time, aggressive social, economic, and tax policies were ushered in by devastation and destruction. With these policies in place, the recovery efforts after the Second World War accelerated growth, which for the first time in modern history exceeded the rate of return on capital— 50 creating a middle class.

Economists of that era such as Simon Kuznets had argued that a rising tide of industrialization would initially create greater inequality; however, once people began to adapt to the new economic conditions, they so would gain access to more wealth by becoming fully integrated into the economic order—in essence closing the wealth gap. This argument helped justify a quest for perpetual economic growth and free markets while simultaneously ignoring the problem of increasing income inequality.

In Capital, Pikety igeously debunks the argument for perpetual growth, concluding that industrialization without any enforceable progressive taxation has actually created greater inequality. But if growth ins 'the answer, what is?' Pikety offers few remedies. His main prescription—a "progressive tax on global capital"—assumes that a 2-to-5-percent global growth rate is sustainable in the long run, and will reduce inequality by red stributing capital.

70 Piketty spends about four pages in his 700-page tome discussing limits to grow h, but he flat to address the fact that limitless growth is completely unaustainable on a finite planet. Recent reports from NASA, the Inter-property from the foundation of the flat page of the

The traditional approach to inequality is to bring down those at the top while raising up those at the bottom. 80 But to what level should we bring people, considering our finite planet? Do we want everyone to live the advertised suburban American middlet-class lifestyle? Obviously that can't work, as it would require the resources of at least five planet Earths.

85 Piketty is right in noting that our political economy favors the growth of inequality and that inequality in turn poisons our politics. But while creating a society that one shares its prosperity is a noble goal, we need to address a much bigger gap than the one between rich and poor. That is the gap between the demands of our economy and the capacity of our planet. Thankfully, scores of writers and a circivists have been studying the ecological, economic, social, and political dimensions of this risks that with the aim of identifying a jast transition to a more root with the care it is the possible of the problem. But the care it show how to solve it on his own.

 The passage suggests that Piketty's treatise differs from other studies of inequality in all of the following ways FXCEPT:

- A. its use of previously unseen data.
- B. its doggedly empirical approach to the subject.
- C. the attention it pays to the limits to growth.

 D. its popularity with the reading public.
- 22. The main idea of the passage is that:
 - F. Piketty has written an overly long book that did not deserve its best-seller status.
 - Riketty's book successfully debunks the argument for perpetual growth.

 H. Piketty is better at describing economic disparities.
 - than at addressing potential solutions.

 J. the main source of inequality is that investment of capital is far more profitable than investment of labor.
- 23. The passage suggests that the American middle class grew
- A. during the nineteenth century.
- B. during the first half of the twentieth century.
- C. in the 1950s.
- D. in recent decades.
- The passage indicates that the "advertised suburban American middle-class lifestyle" (lines 81–82) is:
 - F. illusory to all but a small investment class.
 - G. unsustainable on a global scale.
 - H. achievable through a progressive tax on global capital.
 J. the product of redistributive economic policies.
- 25. The primary purpose of the sixth paragraph (lines
- 51-60) is to:
- A. chastise Simon Kuznets and other economists for failing to address the problem of income inequality.
- B. discuss an economic argument that Pikethy successfully refutes.
- explain why twentieth-century captains of industry failed to address growing inequality.
- present an alternative theory for how to close the wealth gap.

- 26. The passage indicates that the rate of growth began to exceed the return on capital in the 1950s due to:
 - F. post-war recovery effects.
- G. faith in the free market system.
- H. redistributive economic policies.
- J. the increasing use of fossil fuels.
- 27. As it is used in line 6, hailed most nearly means:
 - A. announced
- B. acclaimed.
- C. adopted.
- D. summoned
- The author most likely mentions reports from "NASA, the Intergovernmental Panel on Climate Change, and the U.S. government's National Climate Assessment" (lines 73–75) in order to:
 - F. argue that Piketty's prescriptions cannot work given the planet's finite resources.
 - G. discredit the traditional approach to addressing
 - H. show that federal and international agencies are responding adequately to issues of sustainability.
 - J. suggest that income inequality is not a major problem that needs to be addressed.
- According to the passage, the average global rate of return on capital investments is typically around:
 - A. 0.1 percent.
- B. 1.5 to 2 percent.
- C. 4 percent.
- D. 5 percent
- 30. The passage answers all of the following questions EXCEPT:
- F. How many years of economic activity did Piketty study?
- G. How quickly did the economy grow before the Industrial Revolution?
- H. How has the United States' economic growth rate fared in the 21st century?
- J. When did Africa's growth rate begin to catch up with that of the United States?



ACT Reading: Using Passage Structure

- 22. The main idea of the passage is that:
 - F. Piketty has written an overly long book that did not deserve its best-seller status
 - G. Piketty's book successfully debunks the argument for perpetual growth.
 - H. Piketty is better at describing economic disparities than at addressing potential solutions.
 - the main source of inequality is that investment of capital is far more profitable than investment of labor.

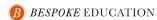
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Piketty is right in noting that our political economy favors the growth of inequality, and that inequality in turn poisons our politics. But while creating a society that shares its prosperity is a noble goal, we need to address a much bigger gap than the one between rich and poor. That is the gap between the demands of our economy and the capacity of our planet. Thankfully, scores of writers and activists have been studying the ecological, economic, social, and political dimensions of this crisis with the aim of identifying a just transition to a more workable system. Piketty has shown part of the problem,

but he can't show how to solve it on his own.



ACT Reading: Tip-Off Phrases

- **5.** According to the passage, information cocoons are:
 - **A.** collections of inaccurate information.
 - **B.** aggregations of information that are difficult to access.
 - C. collections of information that are limited by the user's interests.
 - **D.** especially reliable aggregations of information.



ACT Reading: Words, Comparisons, etc.

- **10.** As it is used in line 76, *profound* most nearly means:
 - F. severe.
 - G. clever.
 - H. deep.
 - J. abstract.

36. As it is used in line 50, the word enlightened most nearly means:

- F. unburdened.
- G. mystified.
- H. realized.
- J. informed.
- **29.** Which of the following statements best describes how the passages present Melissinos's belief about whether people should consider video games to be art?
 - A. Passage A suggests Melissinos believes people should consider video games to be art, while Passage B suggests Melissinos believes people should decide for themselves.
 - **B.** Passage A suggests Melissinos believes people should consider video games to be merely entertainment, while Passage B suggests Melissinos believes people should consider them to be art.
 - C. Both passages suggest Melissinos believes people should consider video games that are used for educational purposes to be art.
 - **D.** Both passages suggest Melissinos believes people should consider early video games to be art but more recent video games to be merely entertainment.

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ACT Science: Introduction

Current Structure

- 40 questions in 35 minutes
- 5-7 passages of 5-7 questions each
- Variety of question types

Future Structure

- Optional section
- 40 questions in 40 minutes
- Other kinds of content?

Passage VI

Some students performed studies of *static friction* (the frictional force between 2 surfaces that are at rest relative to each other) and *kinetic friction* (the frictional force between 2 surfaces that are sliding past each other).

Study 1

The students obtained three identically sized planes, each made of either glass, metal, or wood, and three 1.0 kg blocks, each made of either glass, metal, or wood. They looked up the coefficient of static friction (μ_s , a measure of the frictional force between a plane and a motionless block) for each combination of plane and block to be tested. With a plane in the horizontal position ($\theta=0^\circ$, where θ was the angle between the plane and the table) and a block at the starting line (see Figure 1), the students increased θ until the moment the block began to slide. They recorded the angle at that moment as θ_s (see Table 1).

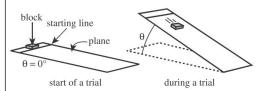


Figure 1

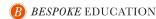
Table 1				
Trial	Plane	Block	μ_{S}	θ_{S}
1 2 3 4 5 6	glass glass glass metal metal wood	glass metal wood metal wood wood	0.93 0.60 0.19 0.75 0.53 0.34	43° 31° 11° 37° 28° 19°

Study 2

The students looked up the *coefficient of kinetic friction* (μ_K , a measure of the frictional force between a plane and a sliding block) for each combination of plane and block. For each trial, θ was initially 45°. Once a block was placed on the plane and released, it began to slide. The students reduced θ until it reached its critical value, θ_C , the angle at which the block's speed down the incline became constant (see Table 2).

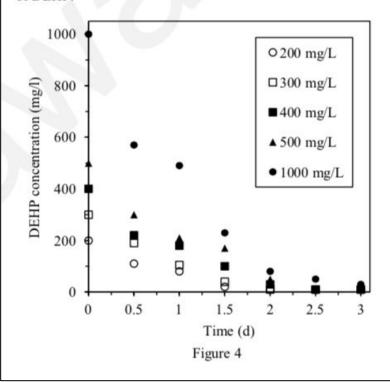
Table 2				
Trial	Plane	Block	μ_{K}	θ_{C}
7 8 9 10 11 12	glass glass glass metal metal wood	glass metal wood metal wood wood	0.40 0.25 0.05 0.58 0.19 0.25	22° 14° 3° 30° 11° 14°

- **34.** Based on the results of the studies, the absolute value of the difference between θ_S and θ_C was greatest for which of the following pairs of trials?
 - F. Trials 1 and 7 Trials 2 and 8
 - H. Trials 3 and 9
 - J. Trials 4 and 10
- **35.** Based on the results of Study 2, as μ_K increased, θ_C :
 - A. increased only. decreased only.
 - C. increased and then decreased.
 - D. decreased and then increased

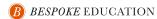


ACT Science: Look-Up

Figure 4 shows the rate of DEHP degradation as a function of time (in days) for different initial concentrations of DEHP.



- According to Figure 4, for an initial DEHP concentration of 500 mg/L, the DEHP concentration after 18 hours is approximately:
 - A. 50 mg/L.
 - B. 150 mg/L.
 - C. 250 mg/L.
 - D. 350 mg/L.



ACT Science: Complex Look-Up

- 5. Which colony won approximately 50% of its fights?
 - A. Colony 2
 - **B.** Colony 4
 - C. Colony 5
 - **D.** Colony 7

access to the arena, and the time it took for them to discover the crickets was measured. The results were recorded in Table 1.

	Table 1		
Colony	Species	Number of exploring ants	Time to find food (sec)
1 2 3 4 5	Pheidole dentata Pheidole dentata Pheidole dentata Pheidole dentata	20 15 24 19	30 80 18 59
6 7 8	Solenopsis invicta Solenopsis invicta Solenopsis invicta Solenopsis invicta	8 12 5	163 142 178

results obtained from this experiment.

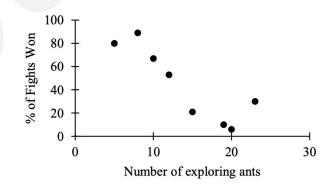
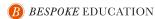


Figure 2



ACT Science: Yes/Yes/No/No

- 12. Scientists state that in recent years polar bears have had to swim increasingly long distances during warmer months to find seals. Is this assertion supported by the data presented?
 - **F.** Yes, over time more of the ice cover was lost during summer months in the years from 1995 to 2005.
 - G. Yes, over time the average monthly surface temperature was consistently warmer in the years from 1995 to 2005.
 - **H.** No, there is no discernable pattern for the monthly ice cover in the years from 1995 to 2005.
 - J. No, the annual high temperature remained the same over the years from 1995 to 2005.



ACT Science: Experimental Structure

Experiment 3

Ozone (O₃) is a naturally occurring atmospheric gas that protects life on Earth from excess ultraviolet radiation. Levels of ozone were taken 50 meters from the 3 ports with an Automation Factor of 30 that were studied in Experiment 1. These results were recorded in Table 3. By way of comparison, the naturally occurring ozone concentration in the atmosphere in areas far from pollution is 0.12 ppm.

	Table 3	
Port Usage (Ships/Day)	Ozone Level (ppm)	
100	0.11	
200	0.08	
300	0.06	



ACT Science: Variables & Controls

Table 1				
Automation Factor (Workers/Ship)	Port Usage (Ships/Day)	Average NO ₂ Level (ppb)		
	100	20		
10	200	36		
	300	55		
	100	27		
30	200	42		
(G) (C)	300	61		
	100	34		
50	200	51		
	300	78		

- According to the experimental results, one way to reduce NO₂ levels in the air near a port would be to:
 - F. impose harsh speed limits on ships entering the port.
 - G. require the port to serve at least 300 ships per day.
 - **H.** decrease the Automation Factor at the port.
 - J. increase the Automation Factor at the port.



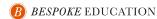
ACT Science: Outside Knowledge

arachidic acid

CH₃(CH₂)₁₈COOH

- 1. A molecule of arachidic acid contains how carbon atoms?
 - **A.** 3
 - **B.** 18
 - **C.** 20
 - **D.** 22

- 1. To determine how many *C. elegans* moved toward each compound in Experiments 1 and 2, the students most likely used which of the following pieces of laboratory equipment?
 - A. Balance
 - **B.** Graduated cylinder
 - C. Microscope
 - D. pH meter
- **6.** Based on the description of *C. elegans* in the passage, a cell from a *C. elegans* lacks which of the following structures?
 - F. Cell wall
 - G. Mitochondria
 - H. Nucleus
 - J. Plasma membrane



ACT Writing Test (Essay): Task

Current Structure

- 1 question in 40 minutes
- Optional

Future Structure

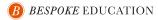
 Unchanged as far as we know

Essay Task

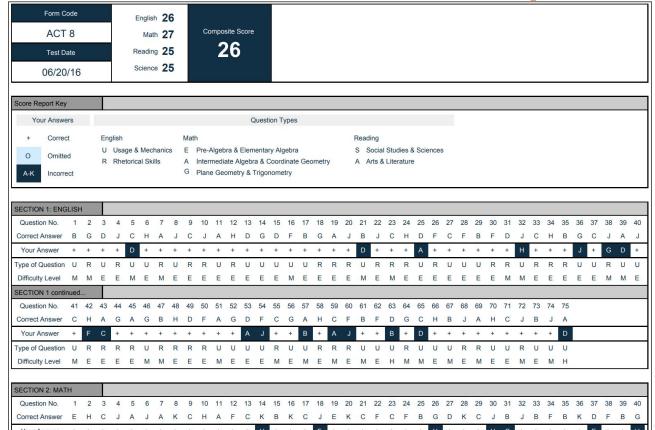
Write a unified, coherent essay in which you evaluate multiple perspectives on the debate over animal intelligence. In your essay, be sure to:

- analyze and evaluate the perspectives given
- state and develop your own perspective on the issue
- explain the relationship between your perspective and those given

Your perspective may be in full agreement with any of the others, in partial agreement, or wholly different. Whatever the case, support your ideas with logical reasoning and detailed, persuasive examples.



ACT Practice Tests: Score Report





Preparing for the ACT

- Prep Targets:
 - Memory
 - Habits
 - Strategies
 - Reflex Responses
- What Does Test Trep Involve?
 - Learning
 - Studying
 - Focused practice
 - Reflective review

- Long Term Change
 - Sports / Musical Instrument
 - Cramming
- Make a Schedule
 - Consistency beats volume
 - Regularity is key
 - Think of test prep as another course
 - ~25 minutes of HW on most days
 - Practice tests are essential
- Be Patient: Improvement Takes Time



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Thank you!

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